

**Seguin Independent School District
School Health Advisory Council
SHAC**

Minutes, September 23th, 2015

- Meeting called to order 5:06- Pete Silvius
- Mark Dibble, Allison Willemin, Cathy Anderson, Julie Steele, Beth Loyer, Dr. Christina Ly, Deborah Mahan, Michele, Meehan, Kirsten Legore, Jessica Kirksey, Kelli Braune, Robin Lux, Dot Whitman, and Pete Silvius were present.
- May meeting minutes approved. Motion by Mark Dibble, second by Allison Willemin.
- Program updates.
 - Kirsten Legore presented the Suicide Prevention Training for all Seguin ISD staff as a result of House Bill 2186. Seguin ISD has chosen a program titled Kognito, which is an active role playing type of digital training. Staff is presented with scenarios and must then make a decision about what action they will take to support the students.
 - Dr. Christina Ly of UT School of Public Health presented the finding of her study of Seguin ISD middle school students and their knowledge related to tobacco. The results were consistent with national averages in all areas except a small increase of possible risk for Seguin ISD students with e-cigarette use. Dr. Ly suggested that these results indicate that a booster training could be helpful. The program that Dr. Ly utilized for her study is titled T2P2 and is currently in the process of publication. We will have access to it when it is complete and plan to use it in our health classes at the middle schools.
 - Dot Whitman updated the SHAC about a revised policy in the Seguin ISD handbook regarding lice. Seguin ISD has procedures in place that will support families who struggle to get rid of lice while also maintaining a safe and healthy school environment. The full lice policy is available in the Seguin ISD Handbook.
- New Business
 - Pete Briefly reviewed the laws associated with SHAC's and Coordinated School Health.
 - Re-establishing SHAC sub-committees was discussed and all those in attendance were asked to sign-up under one of the following-
 - Physical Activity- (this sub-committee is required of all SHAC's) possible topics would include recess policies, physical education, staff wellness, etc.
 - Nutrition-possible topics would include school foodservice, snack, party and vending policies.
 - Social and Emotional- topics could include suicide prevention, bullying, stress management student and staff.
 - Environmental Wellness- topics could include gardens, asthma/air quality, lice, and virus/flu.
 - Human Sexuality- topics could include our abstinence-based curriculum *Worth the Wait*.
 - Meeting dates and times were discussed for 2015-2016. We have decided to maintain our current schedule of a 5pm on Wednesday.
 - Meeting dates for 2015-2016 9/23/15, 10/21/15, 2/24/16, 3/23/16, 5/11/16
 - We hope to have more parents attend our SHAC meetings. Discussion about possible ideas to invite more parents included use of Facebook, Remind 101, and Principal/Campus Newsletters. Pete will look into all of these ideas to increase parental participation.
- Meeting adjourned 6:07